

Subject's Name _____ Person completing _____ Date _____

Instructions: Write in the blank space after each problem that is a concern.

1 CATEGORY SLEEP		
Bruxism (teeth grinding)		Difficulty falling asleep
Difficulty maintaining sleep		Difficulty waking
Disregulated sleep cycle		Narcolepsy (uncontrolled falling asleep)
Night sweats		Night terrors
Nightmares or vivid dreams		Nocturnal enuresis (bedwetting)
Periodic leg movements		Restless leg
Restless sleep		Sleep apnea (stop breathing while asleep)
Sleep walking		Snoring
Talking during sleep		
2 CATEGORY ATTENTION AND LEARNING		
Difficulty completing tasks		Difficulty following directions
Difficulty making decisions		Difficulty organizing personal time or space
Difficulty remembering names		Difficulty shifting attention
Difficulty shifting tasks		Difficulty thinking clearly
Difficulty understanding conversations		Distractibility
Lack of alertness		Lacking common sense
Messy handwriting		Not listening
Poor concentration		Poor drawing ability
Poor math		Poor short-term memory
Poor sustained attention		Poor verbal expression
Poor vocabulary		Poor word finding
Reading difficulty		Slow thinking
Unmotivated		
3 CATEGORY SENSORY		
Auditory hypersensitivity		Chemical sensitivities
Motion sickness		Poor body awareness
Somatosensory deficits		Tactile hypersensitivity
Tinnitus (ringing in the ears)		Vertigo
Visual deficits		Visual hypersensitivity
4 CATEGORY BEHAVIORAL		
Addictive behaviors		Aggressive behavior
Anorexia		Autistic stimming
Binging and purging		Class clown
Compulsive behaviors		Compulsive eating
Crying		Excessive talking
Hyperactivity		Impulsivity
Inflexibility		Lack of appetite awareness
Lack of sense of humor		Lack of social interest
Manipulative behavior		Motor or vocal tics
Nail biting		Oppositional or defiant behavior
Poor eye contact		Poor grooming
Poor social or emotional reciprocity		Poor Speech articulation
Rages		Self-injurious behavior
Stuttering		
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5 CATEGORY EMOTIONAL			
Agitation		Anger	
Anxiety		Depression	
Difficult to soothe		Dissociative episodes	
Easily embarrassed		Emotional reactivity	
Fears		Feelings of unreality	
Flashbacks of trauma		Impatience	
Irritability		Lack of emotional awareness	
Lack of pleasure		Lack of social awareness	
Low self-esteem		Mania	
Mood swings		Obsessive negative thoughts	
Obsessive worries		Panic attacks	
Paranoia		Suicidal thoughts	
6 CATEGORY PHYSICAL			
Allergies		Asthma	
Chronic constipation		Clumsiness	
Difficulty walking or moving		Difficulty working	
Effort fatigue (tires very easily)		Encopresis (uncontrolled bowel movements)	
Fatigue		Heart palpitations	
High blood pressure		Hot flashes	
Immune deficiency		Irritable bowel	
Low muscle tone		Muscle tension	
Muscle twitches		Muscle weakness	
Nausea		PMS symptoms	
Poor balance		Poor fine motor coordination	
Poor gross motor coordination		Reflux	
Rigidity		Seizures	
Skin rashes		Spasticity	
Stress incontinence		Sugar craving and reactivity	
Sweating		Tachycardia (rapid heart beat)	
Tremor		Urinary urge incontinence	
7 CATEGORY PAIN			
Abdominal pain		Chronic aching pain	
Chronic nerve pain		Fibromyalgia pain	
Jaw pain		Joint pain	
Migraine headaches		Muscle pain	
Muscle tension headaches		Sciatica	
Sinus headaches		Stomach aches	
Trigeminal neuralgia			